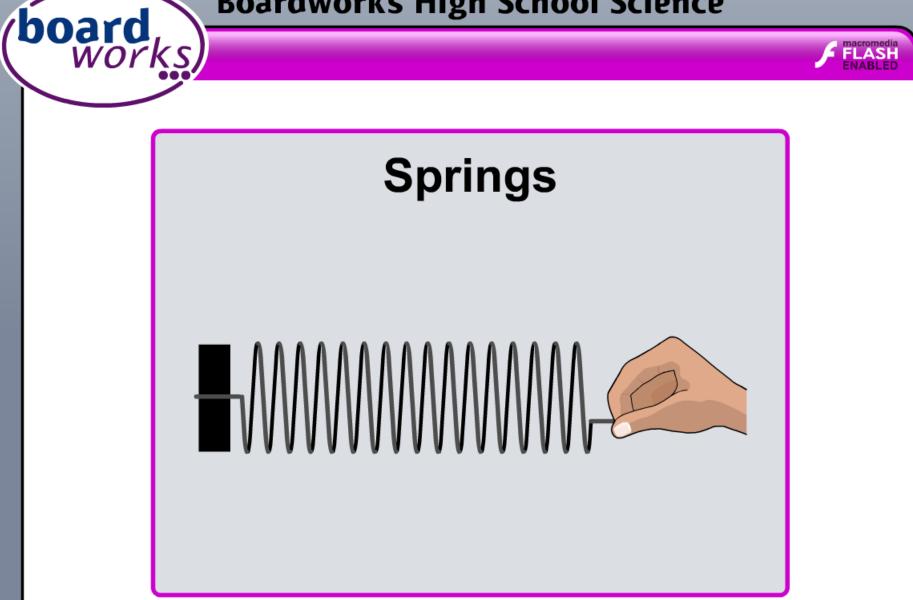
Boardworks High School Science



Introduction to springs



The behavior of **springs** is important since they have many uses, from car and bike suspension to clock-making.





It is important to know how springs will react when forces are applied.





Tensile and compressive forces







Restoring force







Hooke's law and the force constant



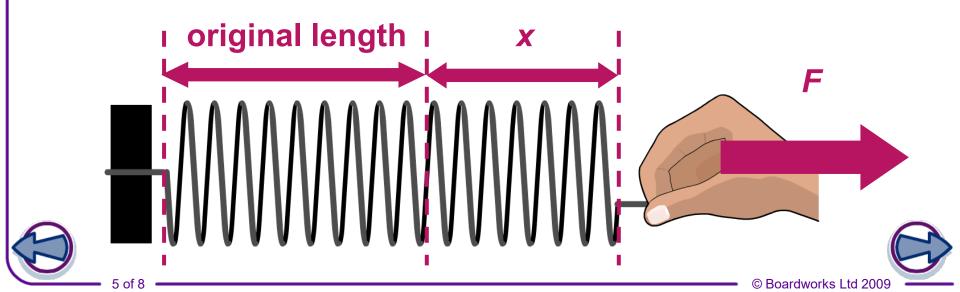
Hooke's law states that the extension of a spring, *x*, is directly proportional to the force applied to it, *F*.

x or
$$F = kx$$

For

where k is a constant.

k is called the **force constant** or the **spring constant**, or sometimes the **stiffness constant**. The units of *k* are Nm^{-1} .



Finding the force constant







Calculating the force constant





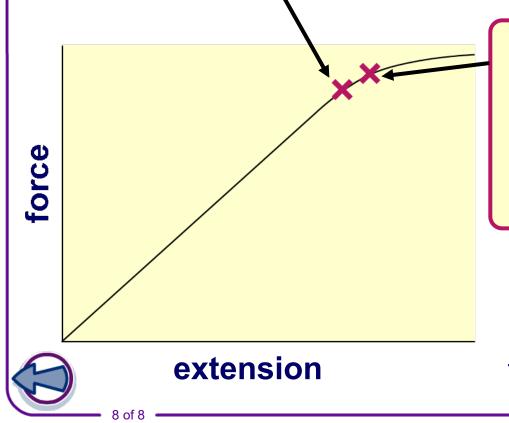


Elastic limit for springs



If a spring is stretched far enough, it reaches the **limit of proportionality** and then the **elastic limit**.

The limit of proportionality is a point beyond which behavior no longer conforms to Hooke's law.



The elastic limit is a point beyond which the spring will no longer return to its original shape when the force is removed.

Elasticity is the ability to regain shape after deforming forces are removed.